

AWAKENING NEWSLETTER # 29

The Last Judgement



Artwork by NoMonet

The Last Judgement. It brings forth ideas of condemnation or salvation, evokes our relationship to authority, and points us inward to the place where judgement originates.

Biblically, The Last Judgement is a historic event in which we will face God and be granted resurrection in Heaven, or sent to eternal damnation in the fires of Hell. Here, in the presence of God, we are faced with how we have lived our

lives and be judged for it. In the image above, notice the fear and cowering that are conveyed. But are we not already in the thrall of judgement? Do we not daily experience judging ourselves and others?

Judgement, in one sense, conveys the capacity of humanity to discern, note distinctions, and make choices. We decide to buy organic or not, to invest in one stock over another, we decide whether a person is a suitable romantic or business partner. We may choose wisely, in connection with the truth of our nature; or poorly, our discernment distorted by the blind spots of conditioned trance. Awakening can be seen as the process of disconnecting energetically from the illusion of who we have been taught we are, and is reflected in an increasingly aligned sense of accurately judging the actions we take – in other words, our lives work better.

But there is another aspect to judgement, and this is what I want to address here. I refer to the inner process of deciding how things “should” be, how others “ought” to think, believe, and act. An example? If you’re a Democrat, in what context do you hold Republicans? If you are Christian, what opinions do you have about Islamists? Or atheists? Are you convinced your beliefs are “right” and that others are ignorant or misguided? Do you realize they think the same things about you? We are all of us floating continuously in a sea of judgement.

The end result of judgement is that it separates us. The destructive power of judgement is enormous. Countless wars have been based on the judgment that my religious beliefs must prevail and that “nonbelievers” are heathens to be converted. The Inquisition was founded on the idea that since the salvation of the soul was at stake, torture of the body was an acceptable tactic. The enemy is reduced to subhuman status, such as “gooks” “krauts” or “towelheads”, their ideas are ridiculed as they are judged as inferior to the “true” beliefs the “righteous” have, all of which makes it easier to make them “other” and so justify the infliction of suffering upon them. It is natural that animals will kill for survival or mating rights, but only humans kill to defend their beliefs.

Now take this paradigm and turn it inward. We are merciless judges of ourselves, comparing ourselves unfavorably to an idealized image of who we “should” be. This inner Judge is always in court, comparing ourselves to others, doling out rewards and punishments based on how well we meet expectations that are not even ours to begin with. These ideas of how we should be are unquestioned, and create in us the Hell we are afraid of being sent to.

When Christ said, “Judge not, lest ye be judged” was he speaking of a punishment to come by some God at some future date, or was he pointing us to the way of things as they are now– when we live in judgement of self and others, we participate with the game of judgement and it becomes inevitable

that at some point the finger will point towards us? As Papaji said, "If you pick it up, it will bite you."

The solution? Don't pick it up. Watch the judging mind but don't believe the reality of judgement. Hold your beliefs and opinions as just that, beliefs and opinions - hypotheses that may or may not be truth. This leaves us flexible to change as new information becomes available, and releases obstinate holding to once-and-forever dogmatism. Can you really know with absolute certainty that what you believe is true? Have you ever held a belief with total conviction only to have it be proved false? Maybe Santa Claus or the Tooth Fairy?

Then we can begin to see the liberation that comes with the end of judging - when we make The Last Judgement.

AWAKENING INTENSIVE

It is possible to end the cycle of judgement and live in inner freedom. This can be directly experienced as the truth of who you are in Awakening. This is serious, intense, deep personal work in which you will find the love, peace, power, passion, courage and freedom you have always been looking for. It's not for everyone, but if you are ready, miracles happen here. Three days and you are Home again. The next Intensive is May 22. Contact Jason Brody at 760-489-8087 to discuss the possibility or visit www.awakeningseminars.com for further information.

Here are quotes from the recent graduates –

"Awakening saved my life. Before Awakening I couldn't hear my body. Now medical tests document a 21 point drop in blood sugar, 10% improvement in cholesterol, and a 57 pound weight loss! I am in deep peace and power" – Ann, Risk Management

"This was life changing. I was scared, and had no idea of what was really inside me, the utter despair I was in. I was desperate, sad and pissed off. It all poured out. I was searching for something out there, I wanted an epiphany – it happened! Now I am at peace. I am comfortable in my own

skin and booming with gratitude. It's amazing! I have my power back and I'm free as a bird! I am so ready and excited!"
– Candace, Midwife

"I was sick, out of control, caught in addiction, powerless and frightened. I was afraid I'd never get out of it. I told the truth and faced my abandonment of myself. Now I am at peace, grounded, sober and awake. I got back inside my body and stopped betraying myself. Now I have a choice." – Jennifer, Physician

"Awakening truly helped give me the courage to do so many things I needed and wanted to do. I am marrying the love of my life and feel a depth of love and commitment to him and our relationship that I have never experienced before. Your Intensive helped enable me to take the scary steps forward that brought me to this wonderful place and I will never forget it. Again, my heartfelt thanks." – Linda, Esthetician

"I honestly can't put into words the gratitude and love I feel for what you have done for me this weekend. I feel tremendous strength and courage from your teaching and for the first time from myself. I got much more than I expected - I feel alive. I got the power of my body back. I now have a choice I never knew I had." – Matt, Director, Organizational Development

"I am finally free of my past and I will be forever grateful! Jason Brody is, hands down, the best facilitator I have ever worked with or known and that speaks volumes considering my 20+ years in the field of mental health." – Petra, Marriage and Family Therapist

Contact Jason at 760-489-8087 or www.awakeningseminars.com